

April Nature Programs

at Kittatinny Valley State Park



L'IL TYKES HIKE

Thursdays, April 7 & 28 from 4:00 PM - 5:00 PM

Free. For adults with children ages 5 & under. Share some time with your little one in the Great Outdoors on this naturalist-guided, 1-mile hike. Important: All babies must be carried in a front-pack or back-pack. No strollers or older siblings please!

THE NATURE OF VERNAL POOLS

Saturday, April 9 from 1:00 PM - 2:30 PM

FEE: \$3 Adults and children 12 & up, \$1 children ages 6-11.

Learn all about New Jersey's awesome amphibians, then explore a vernal pool to meet its inhabitants and discover how you can help protect this vital resource.

WEDNESDAY WALKERS

Wednesdays, April 13 & 20 from 9:00 - 10:00 AM

Free. For adults. Start your day off right by stretching your legs, breathing fresh air, and soaking in the beauty of the park in companionship with fellow walkers.

GEOCACHING FOR BEGINNERS

Saturday, April 16 from 11:00 AM - noon

FEE: \$10 GPS rental. For adults and children ages 9 & up.

An indoor tutorial provides the tools to embark on fun family adventures to find "hidden treasures" along our educational geo-trail.

POETRY IN THE PARK (& PANCAKES)

Thursday, April 21 from 9:00 AM - 1:00 PM

FEE: \$5 Adults (breakfast additional); meet at Spring Valley Rd./PVT parking area

Put a "Poem in Your Pocket" and join us for a 3- or 6-mile walk along the Paulinskill Valley Trail. We'll refuel during a 1-hour stop at the Blairstown Diner—our (optional) turn-around point. If choosing the shorter option, please work out your own car shuttle arrangements.

FAMILY NATURE HIKE & POTLUCK PICNIC

Saturday, April 23 from 11:00 AM - 1:00 PM

Free. All ages welcome. Join us for a 1.5-mile guided nature hike, then meetup in our picnic area for a good old-fashioned potluck. Please bring a food item to share with the group.

YOGA HIKE

Tuesday, April 26 from 10:00 AM - 11:30 AM

FEE: \$5 Adults & teens.

Enjoy the soothing sounds of nature, gentle stretching, and low-impact yoga postures during this beginner hike to help develop strength and flexibility while relaxing the body and quieting the mind.

Programs meet at the KVSP Visitor Center located 1 mile north of Route 206, off Goodale Rd. in Andover, unless otherwise noted. Adults must accompany children at all times. Pets are not permitted during programs. For a list of upcoming programs, visit us on the web at:

www.njparksandforests.org/parks/kittatinny_calendar.htm

OR

www.meetup.com/Kittatinny-Valley-State-Park

PRE-REGISTRATION IS REQUIRED by 3:00 PM of the day prior to the program date. Please call (973) 786-6445 for more information.





Day Nature Programs Kittatinny Valley State Park

WEDNESDAY WALKERS

Wednesdays, May 4, 11 & 18 from 9:00 - 10:00 AM

Free. For adults. Start your day off right by stretching your legs, breathing fresh air, and soaking in the beauty of the park in companionship with fellow walkers.

L'IL TYKES HIKE

Thursdays, May 5 & 19 from 4:00 - 5:00 PM

Free. For adults with children ages 5 & under.

Share some time with your little one in the Great Outdoors on this naturalist-guided, 1-mile hike. Important: All babies must be carried in a front-pack or back-pack. No strollers or older siblings please!

SPRING WILDFLOWER WALK

Saturday, May 7 from 10:00 - 11:30 AM

FEE: \$3 Adults.

Discover the natural history, edibility, and folklore of the spring beauties in bloom around the visitor center. Indoor presentation will take place in the event of inclement weather.

GEOCACHING FOR BEGINNERS

Saturday, May 21 from 11:00 AM - noon

FEE: \$10 GPS rental. For adults and children ages 9 & up.

An indoor tutorial provides the tools to embark on fun family adventures to find "hidden treasures" along our educational geo-trail.

BIKE-TO-LUNCH TOUR: THE CHATTERBOX DRIVE-IN

Saturday, May 28 from 10:00 AM - 2:00 PM

Fee: \$5 Adults and children 12 & up, \$3 ages 6-11, children under 6 free; lunch additional. Meet at the Warbasse Junction Rd. parking area. All ages welcome; bring your own bike; children under 17 must wear a bike helmet. Shake, rattle, and roll along Sussex County's only 14-mile rail-trail loop, learning about railroad history along the way. A one-hour long lunch stop to celebrate "National Hamburger Day" will offer well-deserved refreshment near the end of our trip.

Programs meet at the Kittatinny Valley State Park Visitor Center located 1 mile north of Route 206, off Goodale Road in Andover Township, unless otherwise noted.

Adults must accompany children at all times. Pets are not permitted during programs. All programs are subject to change. For a list of upcoming programs, visit us on the web at:

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June Nature Programs

at Kittatinny Valley State Park

HIKE-TO-LUNCH TOUR: ANDOVER DINER

Saturday, June 4 from 11:00 AM - 2:00 PM

FEE: \$5 Adults; lunch additional.

Celebrate "National Trails Day" with a 4-mile hike along the beautiful Sussex Branch Trail. A one-hour lunch stop will offer well-deserved refreshment midway through our trip.

WEDNESDAY WALKERS

Wednesdays, June 8, 15 & 22 from 8:30 - 9:30 AM

Free. For adults. Start your day off right by stretching your legs, breathing fresh air, and soaking in the beauty of the park in companionship with fellow walkers.

GEOCACHING FOR BEGINNERS

Saturday, June 11 from 11:00 AM - noon

FEE: \$10 GPS rental. For adults and children ages 9 & up.

Discover how your family can enjoy this worldwide scavenger hunt! An indoor tutorial provides the tools to embark on fun family adventures to find "hidden treasures" along our educational geo-trail.

NATURE HIKE & POTLUCK PICNIC

Saturday, June 18 from 11:00 AM - 1:00 PM

Free. All ages welcome. Join us for a 1.5-mile guided nature hike, then meetup in our picnic area for a good old-fashioned potluck to celebrate "International Picnic Day." Please bring a food item to share with the group.

YOGA HIKE

Tuesday, June 21 from 9:30 - 11:00 AM

FEE: \$5. For teens & adults.

Celebrate "International Day of Yoga" by enjoying the soothing sounds of nature, gentle stretching, and low-impact yoga postures during this beginner hike to help develop strength and flexibility while relaxing the body and quieting the mind.

Programs meet at the Kittatinny Valley State Park Visitor Center located 1 mile north of Route 206, off Goodale Road in Andover Township, unless otherwise noted. Adults must accompany children at all times. Pets are not permitted during programs. All programs are subject to change. For a list of upcoming programs, visit us on the web at:

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July Nature Programs at Kittatinny Valley State Park

BIKE-TO-LUNCH TOUR: LAFAYETTE HOUSE

Saturday, July 2 from 9:30 AM - 1:30 PM

FEE: \$5 Adults and children 12 & up, \$3 ages 6-11, children under 6 free; lunch additional
Meet at the Warbasse Junction Rd. parking area. Bring your own bike; children under 17 must wear a bike helmet. Bike Sussex County's only 13-mile rail-trail loop, learning about railroad history along the way. A one-hour lunch will offer well-deserved refreshment near the end of our trip.

HELP THE HERPTILES!

Saturday, July 9 from 11:00 AM - noon

FEE: \$5 Adults and children 12 & up, \$3 ages 6-11, children under 6 free

Meet the radical reptiles and awesome amphibians living right in your backyard! This program will familiarize children with local wildlife, discourage kids from taking these wonderful animals out of their environments, and show what harm pollution can do to the species as a whole and to the individual animals.

CAT-TALES STORY HOUR

Thursdays, July 14 & 28 from 11:00 AM - noon

FEE: \$3 Adults, children under 6 free. Stories, finger plays, and crafts will develop an awareness and appreciation for nature in children and their care-givers during this indoor program. A different nature topic is covered each session.

GEOCACHING FOR BEGINNERS

Saturday, July 16 from 11:00 AM - noon

FEE: \$10 GPS rental. For adults and children ages 9 & up. Discover how your family can enjoy this worldwide scavenger hunt! An indoor tutorial provides the tools necessary to embark on fun family adventures to find "hidden treasures" along our educational geo-trail.

COLOR YOURSELF CALM

Saturdays, July 16 & 30 from 2:00 - 4:00 PM

Free. For teens & adults. No pre-registration necessary. Coloring isn't just for kids! Reduce stress, sip complimentary beverages and enjoy a sweet treat while coloring your cares away in the quiet environment of KVSP. All materials provided.

NATURE HIKE & POTLUCK PICNIC

Saturday, July 30 from 11:00 AM - 1:00 PM

Free. All ages welcome. Join us for a 1.5-mile guided nature hike, then meetup in our picnic area for a good old-fashioned potluck to celebrate "National Cheesecake Day." Please bring a cheese- or cake-themed food item to share with the group.

Programs meet at the Kittatinny Valley State Park Visitor Center located 1 mile north of Route 206, off Goodale Road in Andover Township, unless otherwise noted. Adults must accompany children at all times. Pets are not permitted during programs. All programs are subject to change. For a list of upcoming programs, visit us on the web at:

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August Nature Programs at Kittatinny Valley State Park

HIKE-TO-HAPPY HOUR: ANGRY ERIK BREWING

Friday, August 5 from 5:00 - 7:30 PM

FEE: \$5 Adults; Meet at the Warbasse Junction Rd. parking area. Celebrate "International Beer Day" by enjoying a leisurely 3-mile round-trip hike to enjoy optional refreshments and pizza (Included).

S'MORES & MORE!

Wednesday, August 10 from 7:00 - 8:30 PM

Free. All ages welcome. Celebrate "National S'mores Day" by joining us in the KVSP group campground to make your own s'mores (all materials provided), look and listen for nocturnal wildlife, and gaze at the stars. Bring your own telescope.

CAT-TALES STORY HOUR

Thursdays, August 11 & 25 from 11:00 AM - noon

FEE: \$3 Adults, children under 6 free. Stories, finger plays, and crafts will develop an awareness and appreciation for nature in children and their caregivers during this indoor program. A different nature topic is covered each session.

WHEN ANIMALS ATTACK!

Saturday, August 13 from 11:00 AM - noon

FEE: \$5 Adults and children 12 & up, \$3 ages 6-11, children under 6 free

Meet the mammals which have developed amazing characteristics to avoid becoming a predator's "lunch," and watch as these creatures show-off their self-defense tools "When Animals Attack!"

COLOR YOURSELF CALM

Saturdays, August 13 & 27 from 2:00 - 4:00 PM

Free. For teens & adults. Reduce stress, sip complimentary beverages and enjoy a sweet treat while coloring your cares away in the quiet environment of KVSP. All materials provided.

GEOCACHING FOR BEGINNERS

Saturday, August 20 from 11:00 AM - noon

FEE: \$10 GPS rental. For adults and children ages 9 & up. Discover how your family can enjoy this worldwide scavenger hunt! An indoor tutorial provides the tools necessary to embark on fun family adventures to find "hidden treasures" along our educational geo-trail.

THE MAGIC OF MONARCHS

Saturday, August 27 from 11:00 AM - 12:30 PM

FEE: \$3 Adults and children 12 & up, \$1 ages 6-11

Experience the life of a monarch butterfly, learn what you can do to help this imperiled species, and explore our award-winning butterfly garden!

NATURE HIKE & POTLUCK PICNIC

Wednesday, August 31 from 11:00 AM - 1:00 PM

Free. All ages welcome. Join us for a 1.5-mile guided nature hike, then meetup for a good old-fashioned potluck to celebrate "National Trail Mix Day." Please bring a food item to share.

Programs meet at the Kittatinny Valley State Park Visitor Center located 1 mile north of Route 206, off Goodale Road in Andover Township, unless otherwise noted. Adults must accompany children at all times. Pets are not permitted during programs. All programs are subject to change. For a list of upcoming programs, visit us on the web at:

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September Nature Programs at Kittatinny Valley State Park

GEOCACHING FOR BEGINNERS

Saturday, September 10 from 11:00 AM - noon

FEE: \$10 GPS rental. For adults and children ages 9 & up.

Discover how your family can enjoy this worldwide scavenger hunt! An indoor tutorial provides the tools necessary to embark on fun family adventures to find "hidden treasures" along our educational geo-trail.

WEDNESDAY WALKERS

Wednesdays, September 14 & 21 from 9:00 - 10:00 AM

Free. For adults. Start your day off right by stretching your legs, breathing fresh air, and soaking in the beauty of the park in companionship with fellow walkers.

L'IL TYKES HIKE

Thursdays, September 15 & 29 from 4:00 - 5:00 PM

Free. For adults with children ages 5 & under. Share some time with your little one in the Great Outdoors on this naturalist-guided, 1-mile hike. Important: All babies must be carried in a front-pack or back-pack. No strollers or older siblings please!

NATURE HIKE & POTLUCK PICNIC

Saturday, September 17 from 11:00 AM - 1:00 PM

Free. All ages welcome. Join us for a 1.5-mile guided nature hike, then meet up in our picnic area for a good old-fashioned potluck. Please bring a food item to share with the group.

AUTUMN HIKE-TO-LUNCH TOUR: STONEWOOD TAVERN

Saturday, September 24 from 10:30 AM - 2:00 PM

FEE: \$5 Adults; lunch additional.

Kick off the fall season with a 2.5- or 5-mile hike along the historic Sussex Branch Trail. A one-hour lunch stop will offer refreshment at the (optional) turn-around point. If choosing the shorter option, please work out your own car shuttle arrangements.

Programs meet at the Kittatinny Valley State Park Visitor Center located 1 mile north of Route 206, off Goodale Road in Andover Township, unless otherwise noted.

Adults must accompany children at all times. Pets are not permitted during programs. For a list of upcoming programs, visit us on the web at:

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